

*Pennsylvania Geriatrics Society - Western Division*

PRESENTS THE

# Fall Program

## GEROSCIENCE AND THE PROMISE OF ETERNAL YOUTH



### Toren Finkel, MD, PhD

*Professor of Medicine,  
University of Pittsburgh School of Medicine  
Director, Aging Institute of UPMC Senior Services and the  
University of Pittsburgh*

Recent discoveries in the field of Geroscience, which aims to explain biological mechanisms of aging, have provided insights into molecular processes that underlie biological aging and, perhaps more importantly, potential interventions to delay aging and promote healthy longevity. The program will offer some of these advances, along with efforts to move Geroscience from the bench to the clinic.

The program is COMPLIMENTARY for members - REGISTRATION IS REQUIRED\*

**Register online no later than October 28<sup>th</sup>  
at [www.pagswd.org](http://www.pagswd.org)**

Guests are welcome at a fee of \$65.00  
*(this includes program, dinner and one year of membership  
in the Society)*

\*No Show Policy - a fee of \$30.00 will be charged to those who register,  
but do not attend the program. Cancellations will be taken up until November 6<sup>th</sup>.

*We gratefully acknowledge exhibitor support for this activity from*

**Abbott Nutrition  
AHN Healthcare@Home  
naviHealth (a Cardinal Health Company)  
Optum  
Presbyterian SeniorCare Network  
Sanofi**

**NOVEMBER  
9**

## The University Club

123 University Place,  
Pittsburgh PA 15260

**6:00 p.m. Registration,  
Networking, Visit with  
Exhibitors**

**6:45 p.m. PAGES-WD  
Business Meeting**

**7:00 p.m. Dinner &  
Program**

**8:30 p.m. Conclusion**

REGISTER ONLINE AT

[www.pagswd.org](http://www.pagswd.org)

This program is sponsored by  
The Pennsylvania Geriatrics Society  
- Western Division and University of  
Pittsburgh School of Medicine  
Center for Continuing Education in  
the Health Sciences

# INTRODUCTION

This program is designed to be beneficial for internists, family practitioners, geriatricians, geriatric psychiatrists, pharmacists, nurses, nursing home administrators, social workers and other health care professionals who provide care to older adults.

The field of Geroscience continues to gain momentum in the research community. Lifespan has enjoyed a significant increase over the last 150 years, but health span has not. Age is the greatest risk factor for nearly every major cause of mortality in developed nations. Despite this, most biomedical research focuses on individual disease processes without much consideration for the relationships between aging and disease.



Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling Nadine Popovich at (412) 321-5030.

## LEARNING OBJECTIVES

At the end of this course, participants should be able to:

- Describe the emerging field of “Geroscience”
- Define the implications for understanding relationships between aging biology and chronic disease in promoting health span.
- Identify how common mechanisms governing aging might underlie the pathology associated with chronic diseases.

## CME

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of University of Pittsburgh School of Medicine and the Pennsylvania Geriatrics Society - Western Division. The University of Pittsburgh School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 1.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded .15 continuing education units (CEU's) which are equal to 1.5 contact hours.

## PROGRAM FACULTY

*Toren Finkel, MD, PhD* - Professor of Medicine, University of Pittsburgh School of Medicine; Director, Aging Institute of UPMC Senior Services and the University of Pittsburgh, Pittsburgh, PA

*Neil Resnick, MD* - Thomas Detre Professor of Medicine; Director, Hartford Foundation Center of Excellence in Geriatric Medicine; Chief, Division of Geriatric Medicine; Associate Director, Institute on Aging of UPMC Senior Services and University of Pittsburgh; University of Pittsburgh and UPMC, Pittsburgh, PA

*Fred Rubin, MD* - Chair, Department of Medicine, Division of Medicine UPMC Shadyside; Professor of Medicine, University of Pittsburgh School of Medicine, Pittsburgh, PA.

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