

26th Annual Clinical Update in

GERIATRIC MEDICINE

April 5-7, 2018

Marriott Pittsburgh City Center
Pittsburgh, Pennsylvania

To register, please visit:

<https://ccehs.upmc.com/liveFormalCourses.jsf>

UPMC
LIFE
CHANGING
MEDICINE

Center for Continuing Education in the Health Sciences
200 Lothrop Street • Iroquois Building, Suite 302
Pittsburgh, PA 15213-2536

Nonprofit Org.
U.S. Postage
PAID
Pittsburgh, PA
Permit No. 3834

26th Annual Clinical Update in

GERIATRIC MEDICINE

April 5-7, 2018

Marriott Pittsburgh City Center
Pittsburgh, Pennsylvania

Course Directors

Shuja Hassan, MD

Judith S. Black, MD, MHA

Neil M. Resnick, MD

Jointly provided by:

The Pennsylvania Geriatrics Society – Western Division

UPMC / University of Pittsburgh Aging Institute

University of Pittsburgh School of Nursing

and

University of Pittsburgh School of Medicine

Center for Continuing Education in the Health Sciences

26th Annual Clinical Update in

GERIATRIC MEDICINE

This course provides a partnership effort of:

- ▲ Aging Institute of UPMC Senior Services and University of Pittsburgh
- ▲ Allegheny Health Network – Department of Medicine
- ▲ Allegheny Health Network – Forbes Family Medicine Residency Program
- ▲ Geriatric Workforce Enhancement Program of Pennsylvania (GWEP/PA), University of Pittsburgh
- ▲ Heritage Valley Health System
- ▲ Highmark Blue Cross Blue Shield
- ▲ UPMC Health Plan
- ▲ UPMC McKeesport
- ▲ UPMC Shadyside
- ▲ UPMC St. Margaret
- ▲ Washington Health System’s Geriatrics Fellowship



Location and Accommodations information on page 16.

Introduction

As the population continues to age, we are all seeing a tidal wave of older persons in our hospitals, clinics and nursing homes. Moreover, the fastest growing segment of the population comprises individuals above the age of 85 years. The purpose of this conference is to provide an evidence-based approach to help clinicians provide exceptional care to these often frail individuals.

Highlights

Speakers

- ▲ **Handpicked** by a multidisciplinary committee of clinicians from academics, practice, and the payer community. Selection was based on two criteria:
 - **Expertise** – which in most cases is nationally-recognized and often responsible for the advances relative to practice
 - **Ability to convey information**, in a practical, succinct, and entertaining way that will allow attendees to immediately incorporate lessons into their practice

Topics and Structure

- ▲ “Year in Review,” covering highlights of recent advances/controversies
- ▲ State of the Art updates on common geriatric conditions, and tailored to each setting, i.e., office, hospital, home, nursing home
- ▲ Geriatric Cardiology Symposium on TAVR, heart failure, lipids, and pulmonary hypertension
- ▲ Special topics: New approaches to chronic pain in the elderly, Practical incorporation of the Beers list, the Geriatric ER, Geriatric Trauma Consultation, How to elicit goals of care, Deprescribing, Case-based solutions to difficult end of life issues
- ▲ Multiple breakout sessions allowing attendees to design their own course and also affording close interactions with experts on challenging topics and real-world cases (including your own)
- ▲ Keynote Talk on the “Biology of Aging” by an internationally renowned authority
- ▲ Board Review for Clinicians
- ▲ Special dinner talk: “Past, Present and Future of Geriatrics” by Dr. William Applegate, Editor of the Journal of the AGS (JAGS), and former President of the American College of Physicians, Dean and Head of the Health System at Wake Forest University, and primary investigator for the seminal SHEP study of systolic hypertension and the landmark SPRINT trial

Learning Objectives

At the end of this course, participants should be able to:

- ▲ Provide evidence-based updates for common geriatric disorders
- ▲ Understand how the approach to geriatric care differs by clinical setting
- ▲ Understand innovative new initiatives and programs to improve the care of the older patient
- ▲ Provide more patient-centered care
- ▲ Get answers to specific clinical questions from their own practice

Who Should Attend

This course is designed for family practitioners, internists, geriatricians, and other health care professionals who provide care to older adults. Previous attendees will also be interested because of the conference's continually changing topics, speakers and approach.

Continuing Education Credit

Types of credit: CME, AAFP, Nursing, Risk, and ACPE

CME – This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Pittsburgh School of Medicine and the Pennsylvania Geriatrics Society – Western Division. The University of Pittsburgh School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of **19.25 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity. (*The 19.25 does not include the 1.5 hour dinner symposium on Thursday.*) *Thursday = 8.25 Friday = 7.5 Saturday = 3.5*

AAFP – Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Nursing – The University of Pittsburgh School of Medicine's Center for Continuing Education in the Health Science and School of Nursing are collaborating in the development of this educational activity. Nurse participants successfully completing this learning activity (attending the full session, completing and submitting a program evaluation and a CE verification form) may receive up to a maximum of **18.42** contact hours.

The University of Pittsburgh School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Social Work Credits – This program is offered for **20** hours of Social Work continuing education through co-sponsorship of the University of Pittsburgh School of Social Work, a Council of Social Work Education accredited school and, therefore, a Pennsylvania pre-approved provider of social work continuing education. These credit hours satisfy the requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For more information on social work continuing education call (412) 624-3711.



ACPE – This program is sponsored by the University of Pittsburgh Center for Continuing Education in the Health Sciences. The University of Pittsburgh Center for Continuing Education in the Health Sciences is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a Provider of continuing pharmacy education. The assigned universal program numbers are:

Session Title	Program Number	Contact Hours
Thursday - April 5, 2018		
Diagnosis and Treatment of Pulmonary Hypertension	0481-9999-17-121-L04-P	0.5
TAVR in 2018 – Eligibility and Outcomes	0481-9999-17-122-L04-P	0.5
Medical Management of Heart Failure in the Older Patient	0481-9999-17-123-L04-P	0.5
Treatment of Hyperlipidemia in the Elderly	0481-9999-17-124-L04-P	0.5
Geriatrics Year in Review	0481-9999-17-125-L04-P	0.5
Diabetes Update: 21st Century Medications for the 20th Century Population	0481-9999-17-126-L04-P	0.5
Optimizing Treatment Outcomes in Chronic Low Back Pain: A Targeted Approach	0481-9999-17-130-L04-P	0.5
Calcium Disorders in the Elderly	0481-9999-17-128-L04-P	0.5
Medications Under Scrutiny	0481-9999-17-129-L04-P	0.5
Treatment Options in Geriatric Osteoporosis	0481-9999-17-144-L04-P	0.5
Case Studies from Infectious Disease	0481-9999-17-131-L04-P	0.5
Geriatric Consultation for Trauma Patients	0481-9999-17-132-L04-P	0.5
Addressing Geriatric Cognitive Concerns in the Office	0481-9999-17-145-L04-P	0.5
Dinner Symposium: Past, Present and Future of Geriatrics	0481-9999-17-134-L04-P	1.5
Friday - April 6, 2018		
Evaluation of Neuropathy	0481-9999-17-135-L04-P	0.5
Controversies in Geriatric Hypertension	0481-9999-17-136-L05-P	0.5
Psychiatric Pearls for Common Diseases in the Elderly	0481-9999-17-137-L04-P	0.5
Keynote Speaker: The Biology of Aging	0481-9999-17-138-L04-P	0.5
When the Chief Complaint is the Least of the Patient's Problems	0481-9999-17-139-L05-P	0.5
Difficult Cases in the Skilled Nursing Facility Setting	0481-9999-17-140-L05-P	0.5
Delirium Workshop	0481-9999-17-141-L04-P	0.5
Ask the Nephrologist	0481-9999-17-142-L04-P	0.5
NH Regulations – Update on F Tags	0481-9999-17-143-L05-P	0.5
Kidney Disease in the Elderly – How We Can Do Better	0481-9999-17-127-L04-P	0.5
Top 5 Articles That Could Influence your LTC Practice	0481-9999-17-133-L04-P	0.5
Give Me Some Skin! Dermatology Pearls for the Geriatrician	0481-9999-17-146-L04-P	0.5
BPSD vs Delirium in Hospice: Challenges in Diagnosis and Management in Long Term Care	0481-9999-17-147-L05-P	0.5
Ask the Gastroenterologist	0481-9999-17-148-L04-P	0.5
Tales from the Hospital Case Manager	0481-9999-17-149-L05-P	0.5
Common Eye Problems in Seniors	0481-9999-17-150-L04-P	0.5
The Exercise Prescription for the Elderly	0481-9999-17-151-L04-P	0.5
Eliciting Goals of Care – A Practical Approach	0481-9999-17-152-L04-P	0.5
Saturday - April 7, 2018		
Ask the Psychiatrist	0481-9999-17-153-L04-P	0.5
Vaginal Bleeding in the Elderly – What the Clinician Needs to Know	0481-9999-17-154-L04-P	0.5
Tools to Improve Your Deprescribing Practice	0481-9999-17-155-L05-P	0.5
Frailty: A Clinician's Approach	0481-9999-17-156-L04-P	0.5
Palliative Care in the Nursing Home	0481-9999-17-157-L05-P	0.5
Palliative Care Vignettes	0481-9999-17-158-L04-P	0.5
Geriatrics in the ER	0481-9999-17-159-L05-P	0.5
Board Review for Clinicians	0481-9999-17-160-L04-P	1.0

The maximum amount of continuing education credit that can be granted for this program is **17.0** contact hours. Participants must complete the course outcomes assessment, evaluation and credit designation form to receive credit. Continuing Pharmacy Education (CPE) credits will be uploaded using the participant's National Association of Boards of Pharmacy (NABP) eMonitor number. (*The 17.0 includes the 1 hour dinner symposium.*) * = topics receiving pharmacy credits

Schedule

Thursday, April 5, 2018

- 7:00 am **Registration and Continental Breakfast**
- 7:25 am **Welcome and Announcements**
Shuja Hassan, MD
- Moderator: Karen A. Powers, MD*
Issues in Geriatrics I: Cardiovascular Symposium
- 7:30 am **Diagnosis and Treatment of Pulmonary Hypertension ***
Jennifer McComb, MD, MPH
- 8:05 am **TAVR in 2018 – Eligibility and Outcomes ***
John Schindler, MD
- 8:40 am **Medical Management of Heart Failure in the Older Patient ***
Michael Mathier, MD
- 9:15 am **Treatment of Hyperlipidemia in the Elderly ***
Daniel Forman, MD
- 9:50 am BREAK
- 10:10 am **Geriatrics Year in Review ***
Rollin Wright, MD, MS, MPH
- 10:45 am **Diabetes Update: 21st Century Medications for the 20th Century Population ***
Mary Korytkowski, MD
- 11:20 am **The Importance of Inflammation in Arthritis**
Terence Starz, MD
- Noon LUNCH
- Moderator: Victor Rudkin, MD*
Issues in Geriatrics II
- 1:00 pm **Optimizing Treatment Outcomes in Chronic Low Back Pain: A Targeted Approach ***
Debra Weiner, MD
- 1:35 pm **Calcium Disorders in the Elderly ***
James Johnston, MD
- 2:10 pm **Medications Under Scrutiny ***
Heather Sakely, PharmD
- 2:45 pm **Treatment Options in Geriatric Osteoporosis ***
Susan Greenspan, MD
- 3:20 pm BREAK
- 3:40 pm **Case Studies from Infectious Disease ***
Raymond Pontzer, MD

- 4:15 pm **Geriatric Consultation for Trauma Patients ***
Leslie Scheunemann, MD, MPH
- 4:50 pm **Addressing Geriatric Cognitive Concerns in the Office ***
Eric Rodriguez, MD, MPH
- 5:25 pm Thursday Adjournment

- 6:00 pm **Dinner Symposium – Past, Present and Future of Geriatrics ***
William Applegate, MD, MPH

Friday, April 6, 2018

- 7:00 am Registration and Continental Breakfast
- 7:30 am **Welcome and Announcements**
Judith S. Black, MD, MHA
- Moderator: Lisa Hilal, CRNP*
Issues in Geriatrics III: Neurology and Psychiatry
- 7:30 am **Evaluation of Neuropathy ***
Neil Busis, MD
- 8:10 am **Controversies in Geriatric Hypertension ***
William Applegate, MD, MPH
- 8:50 am **Psychiatric Pearls for Common Diseases in the Elderly ***
Jordan Karp, MD

- 9:30 am **Keynote Speaker: The Biology of Aging ***
Toren Finkel, MD, PhD

- 10:10 am BREAK

- 10:30 am - **Breakout Workshop I** (repeats at 11:15 am)
- 11:10 am **A. When the Chief Complaint is the Least of the Patient's Problems ***
Susan Saxon, CRNP, MSN
- B. Difficult Cases in the Skilled Nursing Facility Setting ***
Christine Herb, MD
- C. Delirium Workshop ***
Lyn Weinberg, MD
- D. Ask the Nephrologist ***
David Levenson, MD
- E. NH Regulations – Update on F Tags ***
Barbara Messinger-Rapport, MD, PhD
- 11:15 am **Breakout Workshop II** (Repeated from 10:30)

Schedule continued

Noon LUNCH

Moderator: Rachel Jantea, MD
Issues in Geriatrics IV

1:00 pm **Kidney Disease in the Elderly – How We Can Do Better ***
Amar Bansal, MD

1:35 pm **Top 5 Articles That Could Influence your LTC Practice ***
David Nace, MD, MPH

2:10 pm **Give Me Some Skin! Dermatology Pearls for the Geriatrician ***
Justin Vujevich, MD

2:45 pm **BPSD vs Delirium in Hospice: Challenges in Diagnosis and Management in Long Term Care ***
Barbara Messinger-Rapport, MD, PhD

3:20 pm BREAK

3:40 pm – **Breakout Workshop III** (Repeats at 4:30 pm)

4:25 pm **F. Ask the Gastroenterologist ***
Marc Schwartz, MD

G. Tales from the Hospital Case Manager *
Bonnie Schuster, BSN, MSN

H. Common Eye Problems in Seniors *
Evan Waxman, MD, PhD

I. The Exercise Prescription for the Elderly *
Jessie VanSwearingen, PhD, PT

J. Eliciting Goals of Care – A Practical Approach *
Pamela Toto, PhD, OTR/L

4:30 pm **Breakout Workshop IV** (Repeated from 3:40 pm)

5:10 pm Friday Adjournment

Saturday, April 7, 2018

7:00 am Registration and Continental Breakfast

7:55 am Attendees – please go to your scheduled breakout session

8:00 am – **Breakout Workshop V** (Repeats at 4:30 pm)

8:45 am **K. Ask the Psychiatrist ***
James Tew, Jr., MD

L. Vaginal Bleeding in the Elderly – What the Clinician Needs to Know *
Kathleen McIntyre-Seltman, MD

M. Tools to Improve Your Deprescribing Practice *
Jennifer Pruskowski, PharmD

N. Frailty: A Clinician's Approach *
Elizabeth Mohan, MD

O. Palliative Care in the Nursing Home *
Richard Hoffmaster, MD

8:50 am **Breakout Workshop VI** (Repeated from 8:00 am)

9:30 am BREAK

Moderator: Carey Vinson, MD, MPM
Issues in Geriatrics V

9:40 am **Palliative Care Vignettes ***
Robert Arnold, MD

10:15 am **Geriatrics in the ER ***
Jason Chang, MD

10:50 am **Board Review for Clinicians ***
Shuja Hassan, MD

11:50 am Closing Remarks and Conference Adjournment

* = topics receiving pharmacy credits

* = topics receiving pharmacy credits

Course Directors

Shuja Hassan, MD

Assistant Professor of Medicine, Geriatrics
University of Pittsburgh School of Medicine

Judith S. Black, MD, MHA

Clinical Associate Professor of Medicine
University of Pittsburgh School of Medicine
Medical Advisor, Jewish Healthcare Foundation

Neil M. Resnick, MD

Thomas Detre Professor of Medicine
University of Pittsburgh School of Medicine
Chief, Division of Geriatric Medicine
Director, Hartford Foundation Center
of Excellence in Geriatric Medicine
Associate Director, Aging Institute of UPMC
and University of Pittsburgh

Guest Faculty

William Applegate, MD, MPH

Professor of Medicine
Wake Forest University
Editor in Chief, Journal of the American
Geriatrics Society
Winston-Salem, NC

Barbara Messinger-Rapport, MD, PhD

Associate Professor, Cleveland Clinic Lerner
College of Medicine at Case Western
Reserve University
Hospice Medical Director, Montefiore
Viney Hospice
Cleveland VAMC, Department of Geriatric Medicine
Cleveland, OH

Local Faculty

Robert Arnold, MD

Professor of Medicine
Chief, Section of Palliative Care and
Medical Ethics
Director, Institute for Doctor-Patient
Communication
University of Pittsburgh School of Medicine
Medical Director, UPMC Palliative and
Supportive Institute

Amar Bansal, MD

Assistant Professor of Medicine
Renal-Electrolyte Division
Section of Palliative Care and Medical Ethics
University of Pittsburgh School of Medicine

Neil Busis, MD

Chief, Neurology, UPMC Shadyside
Director, Community Neurology
Clinical Professor, Neurology

Jason Chang, MD

Assistant Professor
UPMC Department of Emergency Medicine
Associate Chief, Emergency Services
Magee Women's Hospital of UPMC

Toren Finkel, MD

Director, Aging Institute of UPMC and
University of Pittsburgh
Professor of Medicine, Cardiology
G. Nicholas Beckwith III and Dorothy B. Beckwith
Chair in Translational Medicine
University of Pittsburgh/UPMC

Daniel Forman, MD

Professor of Medicine
Division of Geriatric Medicine
University of Pittsburgh School of Medicine
Chair, Geriatric Cardiology
UPMC
Director, Cardiac Rehabilitation
VA Pittsburgh Healthcare System

Susan Greenspan, MD

Professor of Medicine
Division of Geriatric Medicine
University of Pittsburgh School of Medicine
Director, Osteoporosis and Treatment Center,
UPMC

Shuja Hassan, MD

Assistant Professor of Medicine, Geriatrics
University of Pittsburgh School of Medicine

Christine Herb, MD

Associate Program Director, AHN Internal
Medicine Residency Program
Allegheny Health Network

Richard Hoffmaster, MD

Director, Palliative Care Education
UPMC St. Margaret Hospital

James Johnston, MD

Professor of Medicine
Director, Clinical Services, Renal-Electrolyte
Division
Director, Nephrology Training Program
Immediate Past Director, Academy of
Master Educators
University of Pittsburgh School of Medicine

Jordan Karp, MD

Associate Professor of Psychiatry
Director, UPMC Fellowship in Geriatric Psychiatry
University of Pittsburgh School of Medicine

Mary Korytkowski, MD

Professor of Medicine
Division of Endocrinology
University of Pittsburgh School of Medicine

David Levenson, MD

Clinical Professor of Medicine
Chief, Renal Section, UPMC Shadyside

Michael Mathier, MD

Professor of Medicine
Director, Pulmonary Hypertension Program
Associate Director, Cardiovascular
Fellowship Program
University of Pittsburgh School of Medicine

Jennifer McComb, MD, MPH

Clinical Associate Professor of Medicine
Section Chief, Pulmonary and Critical
Care Medicine
UPMC Shadyside Hospital

Kathleen McIntyre-Seltman, MD

Professor of Obstetrics, Gynecology,
and Reproductive Sciences
University of Pittsburgh School of Medicine
Advisory Dean, Office of Student Affairs
Gynecologist, Magee Womens Hospital of UPMC

Elizabeth Mohan, MD

Associate Director, Geriatric Fellowship Program
UPMC St. Margaret Hospital

Dave Nace, MD, MPH

Associate Professor of Medicine
Director, Long Term Care, Division of
Geriatric Medicine
University of Pittsburgh
Chief of Medical Affairs, UPMC Senior
Communities

Raymond Pontzer, MD

Clinical Associate Professor of Medicine
Chief, Infectious Diseases
UPMC St. Margaret Hospital

Jennifer Pruskowski, PharmD

Assistant Professor, University of Pittsburgh
School of Pharmacy Department of Pharmacy
and Therapeutics
Palliative Care Clinical Pharmacy Specialist
UPMC Palliative and Supportive Institute

Eric Rodriguez, MD, MPH

Associate Professor of Medicine, Geriatrics
University of Pittsburgh School of Medicine

Heather Sakely, PharmD

Director, PGY2 Geriatric Pharmacy Residency
Director, Geriatric Pharmacotherapy,
UPMC St. Margaret Hospital
Department of Medical Education
UPMC St. Margaret

Susan Saxon, CRNP, MSN

Director of Community Based Palliative Care
UPMC Advanced Practice Providers

Leslie Scheunemann, MD, MPH

Assistant Professor of Geriatrics, Pulmonary
and Critical Care
University of Pittsburgh School of Medicine

John Schindler, MD

Associate Professor of Medicine
University of Pittsburgh School of Medicine
Co-Director, Center for Aortic Valve Disease
Team Cardiologist, NFL Pittsburgh Steelers
UPMC Presbyterian-Shadyside Hospitals

Local Faculty (continued)

Marc Schwartz, MD

Assistant Professor of Medicine
University of Pittsburgh School of Medicine

Bonnie Schuster, BSN, MSN

Director of Care Management
UPMC Shadyside Hospital

Terence Starz, MD

Clinical Professor of Medicine
University of Pittsburgh School of Medicine

Jessie VanSwearingen, PhD, PT

Associate Professor
Department of Physical Therapy
University of Pittsburgh School of Medicine

James Tew Jr., MD

Associate Chief, WPIC Inpatient, UPMC
Medical Director, Quality & Clinical Pathways
Associate Professor of Psychiatry
University of Pittsburgh School of Medicine

Pamela Toto, PhD, OTR/L

Associate Professor
Director, Doctor of Clinical Science
in Occupational Therapy
University of Pittsburgh

Justin Vujevich, MD

Medical Director and Dermatologist,
Vujevich Dermatology Associates

Evan Waxman, MD, PhD

Associate Professor, Department of
Ophthalmology
University of Pittsburgh School of Medicine
Vice chair for education, UPMC Eye Center
Director, Comprehensive Ophthalmology,
UPMC Eye Center

Lyn Weinberg, MD

Core Faculty, Geriatrics
Medical Director, Hospital Elder Life Program
Assistant Professor of Medicine
Temple University School of Medicine;
Allegheny Health Network

Debra K. Weiner, MD

Professor of Medicine, Psychiatry, Anesthesiology
and Clinical & Translational Science
University of Pittsburgh School of Medicine
Geriatric Research, Education and Clinical Center
VA Pittsburgh Healthcare System

Rollin Wright, MD, MS, MPH

Assistant Professor of Medicine
Division of Geriatric Medicine
University of Pittsburgh School of Medicine
Geriatric Track Program Director
UPMC Internal Medicine Residency
Training Program

Planning Committee

Daphne Bicket, MD

Judith S. Black, MD, MHA

Christine Herb, MD

Lisa Hilal, CRNP

George Gleeson, MD

Shuja Hassan, MD

Rachel Jantea, MD

Jordan F. Karp, MD

David Nace, MD, MPH

Karen A. Powers, MD

Neil M. Resnick, MD

Fred Rubin, MD

Victor M. Rudkin, MD

Heather Sakely, PharmD

Carey T. Vinson, MD, MPM

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

Registration Information

Pre-register – All pre-registrations are due by **April 1, 2018**. Registrations after this date are accepted only as on-site registrations. Registering online is the quickest and easiest way to reserve your space at CCEHS conferences.

- Visit our online registration site at <https://ccehs.upmc.com>
- Scroll to the *Clinical Update in Geriatric Medicine* section on the web page
- Click the *Registration* button and enter all the requested information
- After registering, an electronic confirmation will be sent to the email address you provided us when you registered.

Early registrations are those postmarked by **March 1, 2018**. Late registrations will be accepted at an additional fee and we cannot guarantee space in the program or any program inclusions for those registrations we receive after this date.

On-site Registrations – As of **April 1, 2018**, all registrations for this course are accepted only as on-site registrations. On-site registrants will pay \$25 more than the late registration fee.

A confirmation letter will be faxed, mailed, or emailed if registration is completed through the mail, fax, or email by the registration deadline. If you register online, you will receive an immediate e-mail confirmation message. Please note: Registration is not complete until you receive this confirmation. If you do not receive this letter within 5-7 days of registration, please contact us at (412) 647-7050.

You must bring this confirmation with you to the conference.

Cancellation – All cancellations must be in writing, via U.S. mail, e-mail or fax. Tuition for cancellations postmarked or date stamped before **March 27, 2018** will be completely refunded. After **March 27, 2018** a \$35 administrative fee will be assessed. No refunds will be made after **April 3, 2018**. Cancellation requests can be made to:

Krystal Golacinski
Coordination Specialist
UPMC Center for Continuing Education in the Health Sciences
Fax: (412) 647-8222 • E-mail: moorekL2@upmc.edu

The University of Pittsburgh Center for Continuing Education in the Health Sciences reserves the right to cancel this program if sufficient registrations are not received. In the case of cancellation, the department will fully refund registration fees.

continued on page 12

Registration Fee: *(does not include dinner/symposium)*

MD (*nonmember* of PA Geriatrics Society - Western Div.)
 MD (*member* of PA Geriatrics Society - Western Div.)
 Nurses and health care professionals
 (*nonmember* of PA Geriatrics Society - Western Div.)
 Nurses and health care professionals
 (*member* of PA Geriatrics Society - Western Div.)
 Residents, fellows, and other trainees
 Pre-professional degree

	Early Registration (postmarked prior to March 1, 2018)	Late Registration (postmarked after March 1, 2018)
MD (<i>nonmember</i> of PA Geriatrics Society - Western Div.)	\$335	\$365
MD (<i>member</i> of PA Geriatrics Society - Western Div.)	\$305	\$340
Nurses and health care professionals (<i>nonmember</i> of PA Geriatrics Society - Western Div.)	\$270	\$300
Nurses and health care professionals (<i>member</i> of PA Geriatrics Society - Western Div.)	\$245	\$275
Residents, fellows, and other trainees	\$220	\$250
Pre-professional degree	\$130	\$130

"On-Site" registrations will pay an additional \$25 in each category.

Dinner Symposium – Thursday, April 5

(all participants – **optional** at additional cost) \$60

Half-day (each session) – indicate which day(s) on registration form \$100 ea.

Tuition includes:

- ▲ Registration and comprehensive course syllabus
- ▲ Admission to Geriatric Annual program and to the exhibit hall
- ▲ Continuing education credit
- ▲ Continental breakfast each morning, lunch on Thursday and Friday, and coffee breaks **for full conference registrants.**

For information on becoming a Geriatric Society member, please contact Nadine Popovich at (412) 321-5035, ext. 110.

Special Needs



Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs **at least two weeks** in advance of the program by calling (412) 321-5030.

The University of Pittsburgh is an affirmative action, equal opportunity institution.

Registration Form *(for use only if not registering online)*

Clinical Update in Geriatric Medicine – April 5 ~ 7, 2018

Register online: <https://ccehs.upmc.com/liveFormalCourses.jsf>

Please type or print; photocopy all sides for additional registrants. No registration will be accepted without payment.

Last FIVE digits of Social Security Number ____ - ____ - ____ - ____ - ____

Prefix Mr. Mrs. Dr. Ms. Other, please indicate: _____

First Name _____

Last Name _____ } *This is how your name will appear on your name badge.*

Suffix (Jr., Sr., etc.) _____

Company/Institutional Affiliation _____

Specialty _____

E-mail Address _____

Degree (choose only one) MD DO Resident PhD MPH RN
 Other, please indicate: _____

Address _____

City _____ State _____ ZIP Code _____

Work Telephone (_____) _____ Fax (_____) _____

Registration Fee: Please check appropriate fee:

"On-Site" registrations will pay an additional \$25 in each category.

- MD (*nonmember* of PA Geriatrics Society - Western Div.)
- MD (*member* of PA Geriatrics Society - Western Div.)
- Nurses and health care professionals
(*nonmember* of PA Geriatrics Society - Western Div.)
- Nurses and health care professionals
(*member* of PA Geriatrics Society - Western Div.)
- Residents, fellows, and other trainees
- Pre-professional degree

	Early Registration (postmarked prior to March 1, 2018)	Late Registration (postmarked after March 1, 2018)
MD (<i>nonmember</i> of PA Geriatrics Society - Western Div.)	\$335	\$365
MD (<i>member</i> of PA Geriatrics Society - Western Div.)	\$305	\$340
Nurses and health care professionals (<i>nonmember</i> of PA Geriatrics Society - Western Div.)	\$270	\$300
Nurses and health care professionals (<i>member</i> of PA Geriatrics Society - Western Div.)	\$245	\$275
Residents, fellows, and other trainees	\$220	\$250
Pre-professional degree	\$130	\$130

- Dinner Symposium – Thursday, April 5**
(all participants – **optional** at additional cost) \$60
- Half-day (each session) *Please indicate which day(s):* _____ @ \$100 ea. = \$ _____

Please indicate below which session(s) you are planning to attend:

- Thursday morning, April 5 (includes breakfast and morning break)
- Thursday afternoon, April 5 (includes lunch and afternoon break)
- Friday morning, April 6 (includes breakfast and morning break)
- Friday afternoon, April 6 (includes lunch and afternoon break)
- Saturday morning, April 7 (includes breakfast and morning break)

Total Registration fee enclosed \$ _____

BREAKOUT WORKSHOPS

PLEASE RANK IN ORDER OF PREFERENCE EACH GROUP OF BREAKOUT SESSIONS.
ADMITTANCE WILL BE BASED ON A FIRST-COME, FIRST-SERVED BASIS.

Friday morning, April 6, 2018

10:30 AM – 11:10 AM Breakout Workshop I • 11:15 AM – 11:55 AM Breakout Workshop II

Rank 1-5 in order of preference, 1 being highest preference.

- A. When the Chief Complaint is the Least of the Patient's Problems
- B. Difficult Cases in the Skilled Nursing Facility Setting
- C. Delirium Workshop
- D. Ask the Nephrologist
- E. NH Regulations – Update on F Tags

Friday afternoon, April 6, 2018

3:40 PM – 4:20 PM Breakout Workshop III • 4:30 PM – 5:10 PM Breakout Workshop IV

Rank 1-5 in order of preference, 1 being highest preference.

- F. Ask the Gastroenterologist
- G. Tales from the Hospital Case Manager
- H. Common Eye Problems in Seniors
- I. The Exercise Prescription for the Elderly
- J. Eliciting Goals of Care – A Practical Approach

Saturday morning, April 7, 2018

8:00 AM – 8:40 AM Breakout Workshop V • 8:50 AM – 9:30 AM Breakout Workshop VI

Rank 1-5 in order of preference, 1 being highest preference.

- K. Ask the Psychiatrist
- L. Vaginal Bleeding in the Elderly – What the Clinician Needs to Know
- M. Tools to Improve Your Deprescribing Practice
- N. Frailty: A Clinician's Approach
- O. Palliative Care in the Nursing Home

How did you hear about this conference? _____

- I require vegetarian lunch. I require kosher lunch. I have no special dietary requirements.
- Other _____
- YES! Send me information about becoming a member of the PA Geriatrics Society – Western Division.

continued on page 15

Method of Payment

The following methods of payment are acceptable for the registration fee:

- Checks, personal or employer
- Credit Card
- UPMC Transfers

■ Checks. Make payable to University of Pittsburgh Physicians

- Employer check included
- Personal check included

There is a \$25.00 returned check fee.

■ Credit Card Payments

- Visa
- MasterCard
- American Express
- Discover

Credit Card No. _____

Expiration Date (Month/Year) _____

Signature _____

■ UPMC Journal Entry Transfer. If you are a UPMC employee and your department will be responsible for payment, we can charge your department directly. **DO NOT SUBMIT a disbursement to UPMC Accounts Payable. Complete the following:**

Business unit _____

Account number _____

Department ID number _____

Authorized department signature _____

Telephone number _____

NO REGISTRATION WILL BE ACCEPTED WITHOUT PAYMENT.

Mail payment with the Registration Form on pages 13, 14 and 15 to:

University of Pittsburgh Center for Continuing Education in the Health Sciences
Iroquois Building, Suite 302 • 200 Lothrop Street
Pittsburgh, PA 15213-2536

For additional information, contact:

Telephone: (412) 647-7050 • Fax: (412) 647-8222

E-mail: moorekl2@upmc.edu



Meeting Location

Marriott Pittsburgh City Center

112 Washington Place • Pittsburgh, Pennsylvania 15219

Phone: (412) 471-4000, Fax: (412) 553-5252

Overnight Accommodations

The conference has contracted a limited number of hotel rooms at the **Marriott Pittsburgh City Center** for our conference attendees. You may book a room by calling the hotel at (412) 471-4000 and stating that you are attending the *Clinical Update in Geriatric Medicine Conference*. The room block is limited and only available until **Wednesday, March 14, 2018** at 3:00 PM. Space cannot be guaranteed once the block expires or the block is filled, whichever occurs first.

Room rates are \$146.00 per night plus applicable taxes and fees.

If you experience difficulty arranging your reservations, please call Nadine Popovich at (412) 321-5030 or email to npopovich@acms.org.

Parking

Parking is on your own and not covered by conference tuition. The on-site parking is approximately \$18/day. Overnight parking with in and out privileges is \$22/day; Valet Parking is \$26/day. The entrance is located on the side of the **Marriott Pittsburgh City Center** hotel. Additional parking can be found across the street from the hotel at the PPG Paints Arena.

For more information contact:

Center for Continuing Education in the Health Sciences

Iroquois Building, Suite 302

200 Lothrop Street

Pittsburgh, PA 15213-2536

Phone: (412) 647-8232 or (412) 647-7050

Fax: (412) 647-8222 • E-mail: ccehsconfmgmt101@upmc.edu

Visit the Center for Continuing Education in the Health Sciences Web Site

Our Internet address is: <https://ccehs.upmc.com>

The University of Pittsburgh Center for Continuing Education in the Health Sciences invites you to visit our web location. Receive information on CME programs, earn CME credits on the Internet, and access information about our formal courses and much more. Discover who we are and how you can contact us. Please visit our web location often to get updated information on upcoming programs.

